

CHRISTINE MIYACHI

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OBJECTIVE

To teach yoga/barre/kettlebells in an fitness facility or yoga studio

EDUCATION

AFAA Certified	1987-present	AFAA Certification Number: CI# 900826 Expires 8/2017
ACE Certified	1987-present	ACE Certification Number: F16186 Expires: 10/2017
E-RYT 500 (Experienced Registered Yoga Teacher)	2008-present	RYT ID: 35781
Iyengar Yoga Teacher (teacher training with Patricia Walden 2009-2011)	2009-present	Certified Iyengar Yoga Teacher – Intro 2 Level, 2015
Forrest Yoga Teacher Training and Advanced Teacher Training	2006-2007	With Ana Forrest at Back Bay Yoga in Boston, MA
CKT Level 2 with IKFF (www.ikff.net)	2011-present	Teach small groups with lighter kettlebells which I own (3-15 lbs)
Les Mills Body Combat	2015	Certified Teacher

Specialties

Barre
Yoga
Kettlebells
BodyCombat

EXPERIENCE

1987 – 2006

- Step, spinning, low impact, walking classes at various places in MetroWest and Merrimack Valley in MA, and then my focus turned to mostly yoga.

2006-2008

- Rented church space and taught Forrest Yoga

2008—2011

- Union Studio Yoga, Andover, MA: taught all levels yoga class

2011

- Eccentric Fitness Studio, Andover, MA – taught ballet barre and kettlebell classes

2011

- Sue Cullen Fitness – taught Iyengar yoga in small group training sessions

2012 – present

- Santosha Yoga/ Sacred Waters Yoga, New Hampshire <http://santoshayoganh.com/> - teach yoga and barre classes

2015

- Laconia Athletic and Swim Club, Laconia, New Hampshire – taught Barre classes